

*Circle of Grace*  
*Parent Letter and Activity*  
*Sacredness and Boundaries*  
*Grade 3 Lesson*

Dear Parent,

*Circle of Grace* is a faith-based safety curriculum used by your arch/diocese.

Your child has been taught the “Sacredness and Boundaries” lesson. The goals of this lesson are that children understand their *Circle of Grace*, know that we are all made in God’s image and what is safe and unsafe to let into our *Circle of Grace*.

Part 1 addressed things that are treasured and how precious we are in God’s eyes.

Please help reinforce these concepts with the following discussion starters:

*Have him/her name 5 of their most precious items and what makes them precious.*

*Discuss how precious he/she is to your family.*

*Have him/her demonstrate a Circle of Grace.*

Part 2 addressed boundary limits; a safety plan for what to do if feeling unsafe; choosing 3 trusted adults besides their parents and safe secrets and unsafe secrets.

These concepts can be reinforced through the following discussion starters:

*Define boundary as it relates to the Circle of Grace*

*Things that do not belong in our Circle of Grace.*

*Describe the 3 Step Action Plan*

1. *Use your voice and say, “Please get out of my Circle of Grace.*
2. *Remove yourself from the situation – walk away.*
3. *Tell a trusted adult.* \_\_\_\_\_

Please discuss the people your child chose as trusted adults. If your child chose someone you think inappropriate, help him/her to identify someone else. Provide phone numbers of these trusted adults for your child to write on his/her Action Plan Card. You should contact these individuals to let them know they have been identified by your child as his/her trusted adult. Thank you for allowing us to be a partner in providing a safe environment for your child.



*Dear \_\_\_\_\_*

*Today I learned about my Circle of Grace (the love and goodness of God which always surrounds us). My teacher/catechist ask me to pick two or three trusted adults (a grownup who helps me be safe in my Circle of Grace and to respect others within their Circle of Grace). I would like you to be one of my trusted adults. I know you will help me to be safe and answer all my questions when I am uncomfortable.*

*Thank you for helping me.*

*I like that you are “in” my Circle of Grace!*

*Sincerely,*